

FROZEN FOOD SPECIALS

SALE RUNS OCT 21-27



SAVE \$1
\$6⁹⁹

MARINARA SAUCE

1kg / SKU:006122



SAVE \$3
\$13⁹⁹

5 CHEESE RAVIOLI

1.81 / SKU:12442

SAVE \$2
\$6⁹⁹

CABBAGE ROLLS

1lb / SKU:00360



SAVE \$2
\$19⁹⁹

DELUXE LASAGNA

With meat, 5lb.

SKU: 00110



SAVE \$3
\$14⁹⁹

CHICKEN BREAST

Fully Cooked, buttermilk, 2kg

SKU:93371



SAVE \$1
\$5⁹⁹

WAFFLE CUT FRIES

1kg / SKU:46280

SAVE \$2
\$17⁹⁹

BEEF MEDALLIONS

Bacon wrapped. 6x4oz.

SKU:B108



SAVE \$2
\$8⁹⁹

SWEET POTATO FRIES



SAVE \$3
\$5⁹⁹

PORK BACK RIBS

in a Texas BBQ Sauce

SKU:111305



SAVE \$4
\$17⁹⁹

PORK CHOPS

8 cuts, loin rib-end centre

SKU:13104



SAVE \$1
\$7⁹⁹

APPLE CINNAMON MUFFINS

24 pack, 57g each.

SKU: 24313



NEW!
\$9⁹⁹

CHOCOLATE CHUNK COOKIES

Otis Spunkmeyer Choc Chunk Cookies 12/pack / SKU:576009



NEW!
\$2⁹⁹

S'MORES COOKIES

6 Cookies, 383g /

SKU:281032



SAVE \$1
\$6⁹⁹

RICH'S ON TOP DESSERT TOPPING

453g

SKU:720557