

FROZEN FOOD SPECIALS

SALE RUNS JULY 29 - AUG 4

2 FOR \$5 SPECIALS!

2/\$5



BACON & CHEDDAR BISCUITS
10 pack / SKU: 38843



CORN & CHEDDAR EMPANADAS
SKU: 3992067



WONG WING VEGETABLE LO MEIN
450g / SKU: 000450

2/\$5



MINI PIZZA TRIANGLES
20 pack / SKU: 3992067



CIABATTA LOAF
2 pack / SKU: 000128



MUFFINS
Lemon Blueberry and Berry
Medley, 396g
SKU: 10070



BACK IN!
\$34.99

PRECOOKED BACON SLICES
150/pack, 500g
SKU: 00681



NEW!
\$17.99

BUTTERMILK CHICKEN BREAST
Fully cooked, 2kg
SKU: 93371



SAVE \$2
\$4.99

SUPER CRISP FRIES
1.5 lb.
SKU: 408091



SAVE \$2
\$7.99

POLLOCK FILETS
Taco Cut, 2lb
SKU: 809624



SAVE \$1
\$7.99

1/2 POUND BURGERS
4x8oz. / SKU: 72909



SAVE \$3
\$9.99

ORIGINAL POGO
20 pack / SKU: 69192



NEW!
\$7.99

BRAIDED APPLE STRUDEL
10 pack / SKU: 040032



NEW!
\$10.99

DANISH TRAYS
Cheese, Cherry and Apple
28 pack / SKU: 008969